



LITTLE RACCOONS DAY NURSERY, WEYBRIDGE

SPRING / SUMMER MENU - A

DAY	BREAKFAST	MORNING SNACK	LUNCH	PUDDING	AFTERNOON SNACK	TEA	PUDDING
Monday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Lemon herb chicken, new potatoes and peas Vegetarian – Lemon herb halloumi, new potatoes and peas	Fruit salad	Choice of fruits, vegetables, breadsticks or crackers (G)	Cucumber and cream cheese wraps Vegetarian – same (L,G)	Banana with custard (L)
Tuesday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Beef taco bowl with rice, sweetcorn and tomato Vegetarian – Mixed bean taco bowl (G)	Fruit yoghurt (L)	Choice of fruits, vegetables, breadsticks or crackers (G)	Tomato and basil pasta Vegetarian – same (G)	Melon cubes
Wednesday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Tuna, couscous and roasted vegetables Vegetarian – Quorn, couscous and roasted vegetables	Fruit crumble and custard (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Egg and cress sandwiches Vegetarian – same (G)	Oranges
Thursday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Sweet and sour chicken with vegetables and noodles Vegetarian – Sweet and sour tofu with vegetables and noodles (G)	Banana smoothie (L)	Choice of fruits, vegetables, breadsticks or crackers (G)	Jacket potato and beans with cheese Vegetarian – same (L)	Yoghurt and berries (L)
Friday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Macaroni Vegetarian – same (L,G)	Pineapple chunks	Choice of fruits, vegetables, breadsticks or crackers (G)	Pitta pizzas with cheese and tomato Vegetarian – same (L,G)	Apples



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DAY	BREAKFAST	MORNING SNACK	LUNCH	PUDDING	AFTERNOON SNACK	TEA	PUDDING
Monday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Roast chicken, new potatoes and vegetables Vegetarian – Quorn, new potatoes and vegetables (L,G)	Rice pudding (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Vegetable soup and garlic bread Vegetarian – same (G)	Melon cubes
Tuesday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Spaghetti beef bolognese Vegetarian – Spaghetti quorn bolognese (G)	Fruit salad	Choice of fruits, vegetables, breadsticks or crackers (G)	Tuna and sweetcorn wraps Vegetarian – Cheese and sweetcorn wraps (L,G)	Peaches
Wednesday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Chickpea curry and rice Vegetarian – same (G)	Fruit yoghurt (L)	Choice of fruits, vegetables, breadsticks or crackers (G)	Cheese and tomato quesadillas Vegetarian – same (L,G)	Banana and custard (L)
Thursday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Fishcakes and salad Vegetarian – Vege cakes and salad (G)	Banana & custard	Choice of fruits, vegetables, breadsticks or crackers (G)	Egg mayo sandwiches with cucumbers Vegetarian – same (L,G)	Fruit yoghurt (L)
Friday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Jerk chicken with rice and peas Vegetarian – Jerk tofu with rice and peas (G)	Scones	Choice of fruits, vegetables, breadsticks or crackers (G)	Pasta salad with cheese Vegetarian – same (L,G)	Melon cubes



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DAY	BREAKFAST	MORNING SNACK	LUNCH	PUDDING	AFTERNOON SNACK	TEA	PUDDING
Monday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	BBQ style chicken with sweet potato wedges Vegetarian – BBQ bean bake with sweet potato wedges	Fruit salad	Choice of fruits, vegetables, breadsticks or crackers (G)	Cream cheese and tomato sandwiches Vegetarian – same (L,G)	Banana
Tuesday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Vegetable chilli and rice Vegetarian – same (G)	Melon cubes	Choice of fruits, vegetables, breadsticks or crackers (G)	Pitta bread with hummus and vegetable sticks Vegetarian – same (G)	Fruit yoghurt (L)
Wednesday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Tuna and sweetcorn pasta salad Vegetarian – Cheese and sweetcorn pasta salad (L,G)	Apples	Choice of fruits, vegetables, breadsticks or crackers (G)	Beans on toast Vegetarian – same (G)	Peaches
Thursday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Vegetable and mushroom stir fry with rice Vegetarian – same (G)	Fruit yoghurt (L)	Choice of fruits, vegetables, breadsticks or crackers (G)	Vegetable soup and garlic bread Vegetarian – same (G)	Pineapple chunks
Friday	Choice of cereals or toast (L,G)	Choice of fruits, vegetables, breadsticks or crackers (G)	Roast chicken and vegetables Vegetarian – Roast quorn and vegetables	Oranges	Choice of fruits, vegetables, breadsticks or crackers (G)	Vegetable omelette on toast Vegetarian – same (G)	Melon cubes